



Alpine E-NEWS

Volume 45

Number 1

October 13, 2009

PRESIDENT'S MESSAGE— MALEEAH CUEVAS

The weather has turned a little chilly these past couple of weeks and the leaves are starting to change it would appear that Fall has arrived in a timely fashion yet again. And with those changing leaves comes the beginning of a brand new Kiwanis year that I am once again proud to be a part of. I am looking at this upcoming year as a challenge to myself to take something really great to the next level. I am confident in my abilities to do this as I have a very gifted circle of mentors that will certainly help guide my path, offer their suggestions and catch me if I start to fall. Knowing that I have your support with my leadership this coming year means a lot. Of course, I have a lot of ideas as do many of you. It will be up to all of us to implement them from this point forward.

My objectives for this coming Alpine Kiwanis year are to do the following:

- 1) Look for creative ways to increase membership within our club and our various extensions of the club;
- 2) Identify how we can continue to retain our current membership base;
- 3) Identify a specific project or cause concerning children in our community that can become synonymous with Alpine Kiwanis over time;
- 4) Continue to focus on our mission, helping and serving the children of the world;

5) Making a concerted public relations effort in our community to allow others to understand who and what Alpine Kiwanis really stands for.

I know that I have a solid Board of Directors, Chairpersons and committee members ready and willing to achieve all of these things and more. Please let me know your thoughts, questions and ideas as they come up throughout the year. While I know I will likely not succeed at making everyone happy all of the time, I will do my best.

One more item of note, last week my youngest son (4th grader) joined K-Kids at Washington Academy. Some of his friends asked why he was joining because they didn't think it was the cool thing to do. He told them, "Well, I kind of have to because if you didn't know, my mom is about to be the President of Alpine Kiwanis....." When he relayed this story to me, I said, "Conrad, that is certainly not the reason to join". He replied, "I know, Mom, I joined because I want to help other people, but I just wanted to brag about my mom." He wore his shirt that I bought for him at our International Convention the next day to school which reads, "I am Proud that my MOTHER is a KIWANIAN". I will try to make him proud of me this year as I will try to do the same for all of you.

Alpine Rockford Kiwanis

2009-2010

OFFICERS

President

Maleeah Cuevas

President-Elect

Jeanne Sullivan

Vice-President

Bruce Dearborn

Club Secretary

Ron Janeczek

Membership Secretary

Doris McLendon

Administrative Secretary

James Coffey

Charities Treasurer

David Whitehouse

Immediate Past President

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Kiwanis International President

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Springfield Downtown

Springfield, IL

Division 12 Lt. Governor

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Alpine Kiwanis

Rockford, IL

H-District Governor

Kevin McConnell

Normal Club

Normal, IL

H-District Executive Director

Jea Nae Remala

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**Alpine Rockford
Kiwanis meets –**

**WEEKLY:
THURSDAYS
7:10 a.m.
HOFFMAN HOUSE
(eat at 6:45 a.m.)**

**MONTHLY:
LAST THURSDAY
6 p.m.
THUNDER BAY
GRILL**

MEET OUR NEW MEMBERS



Betty Stoffregen

I am Betty Stoffregen and I was born in Rockford and have spent most of my life here. I graduated from East High School and participated in the Girls Athletic Association and Individual Sports Club. After being out of high school for several years, I went to Rock Valley College and graduated with a degree

in Business. I worked for Elco Industries as an Administrative Assistant to Plant Engineering, Maintenance, and Purchasing. Presently, I am employed at Northwestern Illinois Area Agency on Aging as an Administrative Assistant to the Executive Director.

I enjoy being around horses, reading, going to plays, swimming, bowling, spending time in Chicago, attending IceHogs, Chicago Bulls, and Cubs games, and Music in the Park at Sinnissippi during the summer.

TAKE AIM

The following, submitted by Ken Whitmore, is based on comments from Gianfilippo Muscianisi, 2009-2010 Kiwanis International European Federation President, and member of the Kiwanis Club of Milazzo, Italy.

“How do we define a Kiwanian?”

In many old great buildings throughout Europe, there are on the top a gilded weather-cock. It stands very high and shines very much, but it adds nothing to the solidity of the building.

That is NOT how a Kiwanian acts.

Kiwanis family members are like an old stone block hidden in the foundation, underground, where no one can see it; because of it, the house will not fall.

We should be more hidden blocks and less gilded weather-cocks, ready to serve children all over the world. Only thanks to these Kiwanians, the great building of Kiwanis family is strong, solid and high, and many children can still smile.”

Take Aim!



Steven Wehrle

I am a graduate of Purdue University with degrees in Mechanical Engineering and Industrial Management. I was employed with Greenlee Textron for 27 years, with the past 15 years in risk management, before joining New York Life in 2008.

My wife and I will celebrate our 40th wedding anniversary on June 6, 2010. We have three children and seven grandchildren. If my wife and I had known grandchildren were going to be so enjoyable, we might not have had any children.

For recreation, I enjoy spending time with our grandchildren, woodworking, kayaking, guitar, and home maintenance and repair. So far, it's been a great experience being part of the Rockford Alpine Kiwanis Club. Rockford has been good to me and my family for the past 35 years and I look forward to giving back to a community that has given so much to us.

PROGRAM SCHEDULE

October	22	Sleep Disorders	Debra Tapp
October	29	H1N1 Virus	Steve Guedet
November	5	TBA	TBA
November	12	Rockford School District #205	Superintendent LaVonne Sheffield

WORD OF THE DAY

(Continued from Page 5)

September 24 — Barbara Olson

Love doesn't make the world go 'round. Love is what makes the ride worthwhile.

September 24 (Alpine Nights) — Kathy Taylor

Five major Life Lessons provided by a group of senior citizens:

1. The simple things matter most.
2. Humor and time cure most pains.
3. There is more satisfaction in giving than getting.
4. Choose your spouse carefully. It will be your most important decision.
5. Work hard in a field or role you enjoy.

SEPTEMBER PORK CHOP DINNER HIGHLIGHTS



On Thursday, September 17, 60 people enjoyed a pleasant evening at the annual pork chop dinner. Special thanks to Bob and Jean Herro for arranging with Katy Peterson the use of the lakeside facilities at Lakewood Hills. Thanks also to the “grill masters” for the wonderful pork chops and to the Special Events committee for arranging the get-together and the prizes. Plus, congratulations to all the door prize and raffle winners!

ALPINE KIWANIS NIGHTS ASSIST THE ROCKFORD RESCUE MISSION

Alpine Kiwanis Nights members, Megan Jungerberg and Shawn Ralston, volunteered at the Women’s Crisis Center of the Rockford Rescue Mission on Thursday, September 17. They assisted approximately 20 women and 28 children in preparing for an evening in the homeless shelter where they had a meal, a shower and the children did their homework.

The need for supplies, meals, and volunteers is great and Alpine Kiwanis Nights is making this a focus for future endeavors. More information on how Alpine Kiwanis members can help will be forthcoming in the next few weeks. Thanks, Megan and Shawn, for your efforts!

SEPTEMBER BOARD MEETING NOTES— RON JANECEK, SECRETARY

The Alpine Kiwanis Board of Directors meeting was held on September 29, 2009. The following business was presented:

Charities: The following grants were approved: Rock River Valley Pantry, \$2,157 for various foods; Salvation Army’s “Cops ‘n Kids” program, \$2,000 to purchase books to distribute to disadvantaged children; Hope Reigns Ranch, \$1,000 to provide equine-facilitated activities for 75 youth; and Mildred Berry Center, \$1,200 to purchase supplies, props and program materials for the Stars of Light Theatre Troupe comprised of persons with mental illnesses. These grant amounts were the balance in the Charities Fund for 2008-2009. In addition, the Board turned down a request from the Rockford College Alumni to use one of Alpine Kiwanis’ cookers due to logistic issues.

Administrative: The Board approved the membership applications of Nancy Chamberlain, Rock Valley College, and Betty Stoffregen, Northwestern Illinois Area Agency on Aging. The first reading of the 2009-2010 budget was presented by Treasurer Jim Coffey. Membership totals for the club stands at 110 at the end of the 2008-2009 Kiwanis year. President Michael Simmons gave his report on the results of the Club Excellence Tool and the report will be presented to the membership. Jim Wilson reported that Bob Connor and Jeanne Sullivan supervised four youth at Sinnissippi Park for the county court system.

DIRECTORY UPDATES

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Shawn Artlip

Fairfield Inn

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Verla and Ward Sterett

E-mail: wvs1297@netzero.net

Don't forget to bring to Thursday meetings ...
canned or dry-packaged food goods for the Rock River Valley Pantry!

“EVERY KIWANIAN, EVERY YEAR” UPDATE

<u>Goal</u>	<u>As Of 9/29/2009</u>
\$10,000	\$5,145.00
100% Participation	41% (44 of 108)

2008-09 Contributors -* = Century Club

Steve Albers-*	Angela Hauser	Ted Liebovich-*	Michael Simmons-*
Shawn Artlip-*	George Hayward	Jean Lopez	Gene Sjostrom
Fred Beck	Larry Hedberg	Amy Maavich	Verla Sterett-*
Jim Coffey-*	John Heisel	John McCue-*	Jeanne Sullivan-*
Bob Conner-*	Gary Hunt-*	Larry McGee	Karen Tilly
Maleeah Cuevas	Ron Janecek-*	Bill Milligan-*	John Vanderheyden-*
Bruce Dearborn-*	Loren Johnson	Paula Neville-*	Roxanne Vanderheyden-*
Fred Ellenberger-*	Keith Kelsey-Powell-*	Barb Olson-*	Al Weir
Joe Etminan	Andy Krauss	Judy Phillips	Dave Whitehouse
Keith Forberg	Chuck Lantz-*	Kanwal Prashar-*	Jim Wilson
Mary Ann Gaunt	Del Lewis-*	Nancy Sanders-*	Jim Yarwood-*

Life Time Giving Levels

<u>Bronze—\$250</u>	<u>Bronze—\$250</u>	<u>Silver—\$500</u>	<u>Silver—\$500</u>	<u>Gold—\$1,000</u>
Fred Beck	Paula Neville	Steve Albers	Curt Moen	Jim Coffey
J.D. Clemmons	Harry Palm	Bob Connor	Nancy Sanders	Gil Dohlen
Maleeah Cuevas	Judy Phillips	Bruce Dearborn	Bob Stadtmueller	Loren Johnson
Fred Ellenberger	Michael Simmons	Gary Hunt	Verla & Ward Sterett	Larry McGee
John Heisel	Gene Sjostrom	Ron Janecek	John Vanderheyden	Kanwal Prashar
Ralf Jansson	Jeanne Sullivan	Chuck Lantz	Lois Wildman	Al Weir
Bill Milligan	Tom Weingartner	Ted Liebovich	Jim Yarwood	Dave Whitehouse
		Jim Merrick		

This is the final report for the Endowment Fund for the 2008-09 Kiwanis Year unless some last minute contributions come in that members want credited to the 08-09 year. We are at 52% of our \$10,000 goal. We have had 44 members contribute to the Endowment Fund this year, with 24 of those 44 members achieving Century Club status by contributing at least \$100 since October 1, 2008.

Considering the current state of the economy, I think we had a good year with 44 members contributing compared to 49 last year. I would like to thank each and everyone who made a contribution this year and hope that you will continue the practice next Kiwanis Year.

Jim Coffey
Endowment Chairman

BIRTHDAYS

Name	October	Name	November
Chuck Lantz	8	Randy Larson	1
David Gomel	12	Kim Kaufman	6
Ralf Jansson	12	Nancy Chamberlain	10
Kristan McNames	16	Bob Stadtmueller	20
Tom Weingartner	16	Binah Wing	22
Ken Whitmore	18	Verla Sterett	26
Karen Tilly	21	Richard Welch	28
Craig Stallings	23		
Roger Miller	25		
Shawn Artlip	30		

ANNIVERSARIES

Name	October	Name	November
Jean Lopez	1	Ron Oldegans	12
Robert Stadtmueller	7	Roger Miller	13
Diane Potts	15	Andrew Krauss	17
Chuck Lantz	17	Dick Reinhardt	18
Tom Weingartner	18	Mary Ann Gaunt	22
Joe Etminan	20	John Heisel	22
Ron Miller	26	Shawn Artlip	24
		Randall Theien	29

GREETERS

October	Name	Name
22	Steve Newton	Fred Beck
28	Brian Norman	Leon Belardinelli
November	Name	Name
5	Ron Oldejans	Harold Branstiter
12	Barbara Olson	TBA

INTERCLUB MEETING

Thursday, October 29, Freeport Golden K Club, Bethany UCC Church, Freeport. (Leave from our regular meeting at 8 a.m.)

WORD OF THE DAY

INVOCATOR

	October	
Ted Plum	22	Keith Kelsey-Powell
Kanwal Prashar	29	Dana Kraus
	November	
Dick Reinhardt	5	Andrew Krauss
Cheryl Rogers	12	Chuck Lantz

WORD OF THE DAY

September 3 — Paula Neville

Abecedarian

Noun:

1. One who is learning the alphabet; hence a beginner.
2. One engaged in teaching the alphabet.

Adjective:

1. Pertaining to the letters of the alphabet.
2. Arranged alphabetically.
3. Rudimentary; elementary.

September 10 — Brian Norman

Volunteering is the practice of people working on behalf of others without being motivated by financial or material gain.

I must say it is nice to be part of an organization that truly believes in this. Too often I hear people ask what is in it for me, or am I getting paid for this. The dictionary definition only begins to cover what it means; many others define it quite well in their famous quotes.

Henry David Thoreau is quoted as saying, "One is not put into this world to do everything, but to do something." "We make a living by what we do, but we make a life by what we give", is a quote from Winston Churchill I have heard many times. Benjamin Franklin remarked, "No one is useless in this world who lightens the burden of it for someone else." And Mohammed Ali said, "Service to others is the payment you make for your space on earth."

September 17 — Ron Oldejans

There are two types of people—those who come into a room and say, "Well, here I am!". And those who come and say, "Ah, there you are!".

-Frederick L. Collins

Continued on Page 2

NEXT DEADLINE: THURSDAY, OCTOBER 29, 2009

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KIWANIS CLUB

