

1968-2005  
37 Years of Service



Officers

## 2004-2005

President  
**Gary G. Hunt**

President Elect  
**Dave Helland**

Vice President  
**Jim Hogfeldt**

Club Secretary  
**Ron Janecek**

Membership Secretary  
**Verla Sterett**

Administrative Treasurer  
**James Coffey**

Charities Treasurer  
**Gil Dohlen**

Immediate Past President  
**George Hayward**

Division 12  
Lt Governor  
**Randy Corbin**

2004-2005  
I-II District Governor  
**John Hall**

2004-2005  
Executive Director  
**Jea Nae Wood**

THEME FOR 2004-2005

"ALPINE  
AKTION –



BETTER THAN  
WORDS"

# Alpine NEWS

Volume 40

Number 6

March 10, 2005

## President's Message

### The Building of an Aktion Club ... Where Development Has No Disability

*An Aktion Club is a community-service group composed of adult Citizens who live with a disability. A Kiwanis club, composed of leading business and professional people of the community, serves as the Aktion Club's sponsor. The Purpose* of Aktion Club is to provide adults with disabilities an opportunity to develop initiative and leadership, to provide experience in living and working together, to serve the community, and to enhance their citizenship. Aktion club members strive to return to their communities the benefits, help, and caring they have received, while at the same time developing important skills. Members receive many benefits from participating in Aktion Club, including developing leadership skills, getting to know new people, improving self-esteem and participating in the active life of the community

The Steps: **Step 1 - Locate an Agency;** Aktion Clubs may be sponsored by a Kiwanis club in cooperation with an agency that supports adults with disabilities. We are fortunate to have three sponsoring agencies: Illinois Growth Enterprises, Barbara Olson Center of Hope, and The ARC. **Step 2 - Secure a Sponsoring Kiwanis Club;** In addition to Alpine Kiwanis, we have asked Rockford College Circle K, Rock Valley Heritage, and Rockford Golden K to co-sponsor the new Aktion Club. **Step 3 - Meet with the Agency Staff;** This process began last August and has been met with overwhelming enthusiasm. **Step 4 - Order the New Club Building Kit;** This kit consists of information for the sponsoring Kiwanis club, interested agency staff, and potential members. These kits were distributed to interested parties last October and November. **Step 5 - Secure an Agency Coordinator;** Judy Phillips, Alpine Kiwanis/Illinois Growth has agreed to be the agency coordinator with the assistance of coordinators from Barbara Olson and The ARC. **Step 6 - Recruit Members;** Membership is open to any adult with a disability who is interested in community service, who is willing and able to participate in the activities of the Aktion Club. We began this step in February. Our first informational meeting is scheduled for Tuesday, March 22nd. **Step 7 - Organize the Aktion Club;** As new members commit to joining, an official organizational meeting will be held. The date of our first meeting is scheduled for April 5th with a follow up meeting scheduled for April 19th. The purpose of these meetings will be to adopt the club's bylaws and elect the charter officers and directors. The club will also make important decisions about the club-meeting schedule. **Step 8 - Charter the Aktion Club;** Once the club is organized, the official Petition for Charter must be completed. We plan to submit the charter for

(continued on page 2)



## CONDOLENCES

We extend our deepest sympathy to the Ellenberger Family for the passing of their daughter, Megan Ann Ellenberger and to the Wildman Family for the passing of Robert B. Wildman. Our prayers and thoughts are with you during this time of sadness.

## DIRECTORY UPDATES

### Business Change:

Eugene Maule  
Rockford Regional  
Chamber of Commerce  
(B) 987-8100

### Address Change:

Bill Milligan  
3144 Brockington Rd.  
Las Vegas, NV 89120-1912

### New Members:

Scott Robinson  
1904 Cumberland St.  
Rockford, IL 61103-4764  
(H) 964-4686  
McGreevy Johnson  
& Williams  
(B) 639-3700  
spr@mjwpc.com  
Hobbies: R/C airplanes,  
Reading, War memorabilia  
Sponsor: Mary Ann Gaunt

Dave Nelsen  
2815 Hedge Cliff Dr.  
Rockford, 61109-7407  
(H) 282-4610  
Epilepsy Foundation  
321 W. State St.  
Rockford, IL 61101-1119  
(B) 847-791-4797  
dnelsen@efncil.org  
Hobbies: Sports, Golf  
Sponsor: Gary G. Hunt

## WORD OF THE DAY

### **Feb. 3 – Gene Sjostrom**

Today is the tomorrow you worried about yesterday.

### **Feb. 10 – Gary Hunt**

Imagination was given to man to compensate him for what he is not. A sense of humor was provided to console him for what he is.

### **Feb. 17 – Bruce Dearborn**

The secret of staying young is to live honestly, eat slowly and lie about your age. – Lucille Ball

### **Feb. 24 – Verla Sterett**

It is better to ask some of the questions than to know all the answers.

## TAKE AIM...

A little girl was playing with her blocks and spelled out the word "GOOD" for her little sister. A few minutes later, the young child excitedly showed her mother the two words she had made out of the one. "Look, Mommie, GOOD became GO and DO." Real faith in God and Kiwanis means just that – GO and DO!

Take Aim...  
Robert Wildman

Bob Wildman has been the author of *Take Aim* for over 25 years.

## PRESIDENT'S MESSAGE (continued from page 1)

our club in late April or early May and celebrate the organization of the new club by conducting a special charter night dinner or party in June. **Step 9 - Launch the Aktion Club;** Once the Aktion Club has been chartered, all members should be encouraged to learn more about Aktion Club. Members of the sponsoring Kiwanis club(s) should be regular guests at Aktion Club meetings, and Aktion Club members should be invited to attend Kiwanis meetings. **Step 10 - Support the Aktion Club;** During its first year, the Aktion Club officers and members should be encouraged to work together as a team while the club learns how to function. Support from the sponsoring Kiwanis club and the agency administration must be constant. **Our ongoing commitment;** The Kiwanis club agrees to annually support the following Requirements of Sponsorship for the Aktion Club: 1. Appoint a Kiwanis Advisor to the Aktion Club and ensure he/she receives adequate orientation/training. 2. Ensure Kiwanis members attend designated meetings. 3. Maintain an expense line item in the Kiwanis club's service account to support the activities of the Aktion Club. 4. Meet with a representative of the community service agency or organization annually. 5. Ensure that all Aktion Club members pay their annual membership fees. 6. Ensure that Aktion Club officers receive proper training following election, receiving support and assistance in meetings and activities throughout their term of office. 7. Ensure that a planning session involving the leadership of the sponsoring Kiwanis club(s) and the Aktion Club is held annually. 8. Host or participate in two joint activities involving the membership of the sponsoring Kiwanis club(s) and the Aktion club annually.

In addition, the Kiwanis club agrees to appoint an active committee of members to support the Aktion Club and designate one member as the Kiwanis Advisor to the Aktion Club. In our case this is the Sponsored Program Committee.

*Mary*

## K-TRIVIA

Convention in Denver in 1924. **March 05** – Kiwanis became international with the organization of the Kiwanis Club of Hamilton in Ontario, Canada, in November 1916. However, the organization's official name, "Kiwanis Club," was not changed to "Kiwanis International" until the Constitutional Convention in Denver in 1924.

## BIRTHDAYS

Name	Date March	Name	Date April
Gary Ven Rooy	12	Bob Baker	01
		Doug Herriott	01
		Arlene Henderson	14
		Wendy Davenport	17
		Robert Wildman	20
		Anne Wilson	23
		Scott Robinson	24
		Jeannie Sullivan	26
		Dean McMorris	27

## ANNIVERSARIES

Name	Date March	Name	Date April
Maleeah Cuevas	14	Marge Hamburg	08
Jim Hogfeldt	16	Doug Herriot	26
Karen Tilly	21	Dan Larson	30
Kenneth Whitmore	23		
Stephen C. Newton	31		

## NOTES FROM THE FEBRUARY 22 BOARD MEETING:

Resignation of Steve Newton from the Board only was accepted. Loren Johnson was voted in to fulfill his two year term on the Board of Alpine Kiwanis.

Approved Requests from the Charities Committee:

Family Counseling Services Counseling & Family Life Education	\$500.00
March of Dimes Support for 2005 Walk America	\$300.00

## WHAT'S NEW AT THE CLUB???

The PR committee is a newly formed group and is a "work in progress." We would appreciate the club's patience and understanding as we work to make this a great part of the media communication tool. Please contact Marge Hamburg with any suggestions or ideas. Our goal is to spread the news of the work of the Alpine Kiwanis through all available medias.

## TSUNAMI RELIEF

A check was mailed on March 1 to UNICEF for \$3,390.00 for Tsunami Relief. Donations are still being accepted for this cause. If you would still like to contribute, it's not too late!

# Programs

- Mar. 17** Bob O'Brien, Rockford Airport – Ralf Jansson  
**Mar. 24** Jack Becherer, RVC President, Joe Etminan  
**Mar. 31** Rocco Guglielmetti, Recycling – Bob Conner  
**April 7** Dave Syverson, District Senator – Rahim Balsara  
**April 14** Joe Novak, NIU Coach – Jeff Wallem

## Greeters

March		
10	Michael Simmons	Larry Hedberg
17	Gene Sjostrom	John Heisel
24	Bob Slack	Arlene Henderson
April		
07	Ward Sterett	Jim Hogfeldt
14	Jeannie Sullivan	Ralf Jansson

## Word of the Day / Invocators

March		
10	Jeannie Sullivan	Dana Kraus
17	Kathy Taylor	Mary Kroll
24	Robert Thorsen	Everett Johnson
31	Karen Tilly	Chuck Lantz
April		
07	John Vanderheyden	Randy Larson
14	Gary Ven Rooy	Ted Liebovich

## INTERCLUBS

**March 11**, Friday, 6:45 a.m. – Northern Winnebago, Sophia's Restaurant. Meet 6:10 a.m., Alpine Bank east parking lot (on Alpine).

**March 23**, Wed., 9:00 a.m. – Rockford Golden K, Christ UMC on Alpine.

## ★★★★ NEWS FLASH ★★★★★

International President Case Van Kleef's official visit to the I-I District will be Saturday, April 16, 2005 at the Lisle Hilton. This will be considered a Special Event and an Inter-club as there will be Kiwanians from several clubs throughout the district present. We would like great representation at this event from our club. Mark your calendars now for this most auspicious occasion!

**NEXT DEADLINE: March 30, 2005**

ALPINE NEWS EDITORS

Judy Phillips — Co-Editor ..... 874-2031 home

Kim Kaufman — Co-Editor ..... 484-4658 home

John McCue — Directory ..... 332-5542 home

## SPECIAL EVENTS

March 19 Easter Egg Hunt



March 17 – Happy St. Patrick's Day!!!

March 27 – HAPPY EASTER !!!!!



**April 2** – West Side Story - If you have never seen - or if you want to see again - now is your chance to catch "West Side Story" at the Fireside in Ft. Atkinson, WI on Saturday, April 2. We will car-pool from Spring Creek Church parking lot at 9:30 a.m. to arrive at 10:30 a.m. with dinner being served at 11:15. The award winning show will be presented at 1:15 after a delicious meal. Cost for the dinner and the show is \$53.75/per person and is due to Verla Sterett before March 13.

**April 15 - THE BULLS ARE BACK!!**

You have a chance to see them on Friday, April 15 (at the United Center in Chicago) vs. the Orlando Magic - cost is \$38/each for game ticket and motor coach transportation. Leaving Spring Creek Church at 4:30 p.m. and returning after the game. See Verla with your money to guarantee your reservation ASAP.

**July 15 & 16 - ALPINE KIWANIS BRAT DAYS!!!!**

## POLAR PLUNGE

New Alpine Kiwanis members Jason Hammer and Scott Robinson jumped right into the spirit of things when they participated in the Polar Plunge Saturday, March 5 at Olson Lake in Rock Cut State Park.



All proceeds collected by these two brave souls (and Verla Sterett who ended up with a doctor's excuse for not plunging - something to do with an upper respiratory and sinus infection) will benefit Special



Olympics Illinois athletes.

Since this project began six years ago, more than \$785,000 has been

raised by more than 2500 plungers. Over 20,000 Illinois Special Olympians of all ages have benefited from this endeavor. This, however, was the first time, Rockford and Alpine Kiwanis have participated in the event.

## A LOOK BACK IN TIME

March 3, 1980

Volume 13, Number 12

- Co-sponsored by Alpine Kiwanis, Rock Valley College's Annual World Affairs Conference (non history), was to be held on March 28 at RVC and Henrici's Convention Center cost - \$12.50.
- Public Service Work Program for Juveniles had logged about 1250 hours of service work. Rate of recidivism for offenders only 13%.

March 17, 1980

Volume 13, Number 13

- Nominating committee report by Walt Nordberg:
  - For 1980-81 -
    - President Sam Natale
    - 1st Vice President Scott Hansen
    - 2nd Vice President Kanwal Prashar
  - Secretary Frank Donahue
  - Treasurer Jim Miller
  - Touch-A-Life Award to be given at a regular club meeting rather than on President's Night.
  - Brat Day Ticket price raised to \$2.00 due to rising costs

Respectfully submitted,  
Kanwal Prashar

## KIWANIANS SPREAD THE "LOVE"

Love was spread throughout the Rockford area on Saturday, February 12th by members of the Alpine Kiwanis Club, Key Clubs from Guilford and Jefferson High Schools and the Rock Valley College Circle K. "Love Baskets" were filled with food by these groups, with the help of Logli on East State in preparation for the Saturday delivery.

Names of those in need were gathered from local social service agencies.



## MEET OUR NEW MEMBER

### David H. Nelsen



David Nelsen was born and in Aurelia, Iowa and raised and educated in Sioux City, Iowa. He attended a small college in South Dakota and when his appointment for the Peace Corps Program in Nepal was cancelled, he graduated from Morningside College in Sioux City. He served six years in the U.S. Army Reserves and did graduate work at the University of Iowa in Iowa City.

He worked in various areas of accounting and financial management for twenty-eight years. Needing a change, 12 years ago began working with people and worked for a service provider working with individuals with mental ill-

ness and homeless families. He later became the director of a community-based employment organization and six years ago started with the local affiliate of the Epilepsy Foundation North/Central Illinois. In 2000, he and his wife, Carol, moved to Peoria to open a satellite office of education and awareness on epilepsy for an eight county area in Illinois.

Returning to Rockford in January 2004 he is currently the coordinator of services – education and awareness on epilepsy, again for the Epilepsy Foundation North/Central Illinois but for McHenry County. He and his wife will celebrate their 32nd anniversary this year, they have two adult children, and are active in their church. Their hobbies include golfing, traveling and hiking.

### YOUNG CHILDREN PRIORITY ONE



The Young Children Priority One committee received a thank you letter from MELD for the donations from our book drive (we donated 26 books). We also received a card from one of MELD's clients (who also works part-time for the agency) again thanking us for our contribution to their library. THANK YOU TO ALL WHO DONATED TO OUR BOOK DRIVE!



Alpine Kiwanis Web Site: [www.alpinekiwanis-il.org](http://www.alpinekiwanis-il.org)

Alpine Kiwanis Meets Weekly:  
Thursday, 7:10 a.m. at the Hoffman House

Return Service Requested

P.O. BOX 5132 • ROCKFORD, IL 61125

KIWANIS CLUB

Alpine