

1968-2006
38 Years of Service



Officers

2005-2006

President
David Helland

President Elect
Jim Hogfeldt

Vice President
Ted Liebovich

Club Secretary
Ron Janecek

Membership Secretary
Jon Whitmore

Administrative Treasurer
James Coffey

Charities Treasurer
Gil Dohlen

Immediate Past President
Gary G. Hunt

Division 12
Lt Governor
John Armstrong

2005-2006
I-I District Governor
Amron Buchanan

2005-2006
Executive Director
Jea Nae Wood

THEME FOR 2005-2006

***This Job Is
About People.***

Alpine NEWS

Volume 41

Number 5

February 9, 2006

President's Message

Dear Kiwanians:

Several of you have asked me to describe my personal journey to get to the point of leading such an energetic and dynamic group as Alpine Kiwanis. I find this rather interesting, because I certainly had never launched a specific goal-oriented drive toward this position. I can tell you, however, about my road to Kiwanis and my early days as a proud member.

Shortly after I purchased a veterinary hospital here in Rockford, I was invited to be on the board of the local unit of the American Cancer Society. I agreed and, a short time after, the Chairman of the Board resigned by reason of him moving, and I found myself filling the unexpired term. I went on to hold that office for a term of my own, which meant I chaired the organization for nearly six years. Our biggest accomplishment was Magic Monday, which many of you might recall. Mike Williamson was a talented musician and organizer, and we ran the organization for several years to great reviews and a real moneymaker.

I had observed that past Chairmen in that group seemed almost like fifth wheels, so I determined to leave the organization soon after my term ended. Surprisingly, both Bob Wildman and Al Kaser had suggested Alpine Kiwanis to me, but it was Al Kaser who asked me to join after I had concluded my responsibilities at the American Cancer Society.

My first committee assignment as a new member of Alpine Kiwanis was the Charities Committee. The first project I was asked to investigate was the former Protestant Community Services. They had asked for a \$3,000 grant for one of their projects. At my first Charities Committee meeting, I described the organization and put in the request for the entire \$3,000. It took about 10 seconds for other members of the committee to inform me that we don't give grants of that size and that I needed to go back and have it pruned down considerably. It was certainly a learning experience!

Next, for several years, I was on the project of Probationary Youth Services. I enjoyed it a great deal, even though that project was not very popular with certain leaders in the club at the time. It was particularly hectic because I had Saturday morning hours at my veterinary hospital, so I would coordinate both activities together. I did meet many very devoted people in the Park District office as well as many probation officers from within the court system. I still think this is one of the most sincere, charitable things we do, because, many times, the youth are not the ones who are particularly promising. Nevertheless, we must offer all the encouragement we can.

(continued on page 2)

DIRECTORY UPDATES

New Member:

Anders Gredenius
3340 Applewood Ln.
Rockford, IL 61114-7708
(H) 282-6128
e-mail: pagred@aol.com
Sponsor: Ron Miller

WORD OF THE DAY

Jan 5 – John Heisel

It's not what you've got; it's what you use that makes a difference. – Zig Ziglar

Jan 12 – Chris Hempfling

The good that we secure for ourselves is precarious and uncertain until it is secured for others. – Jane Addams

Jan 19 – Arlene Henderson

Hospitality is the art of making people feel at home when you wish they were.

Jan 26 – Everett Johnson

You will know if something becomes meaningful, when it goes from your head to your heart to your hands.

SPONSORED PROGRAMS NEWS:

JEFFERSON Key Club

February 1 - Speaker from the Walk-a-Thon
February 8 - Election of new officers
February 14 - Fund raiser selling "heart-shaped" brownies for Valentines Day

GUILFORD Key Club

Thanks for the visit to Alpine Kiwanis on January 26th. We enjoyed seeing you!

CARLSON K-Kids

For Fairhaven Retirement Center, the Carlson K-Kids cut out and decorated heart shaped valentines which were then glued to a very large red heart to be displayed at the Center for all to enjoy. They are also making valentines for all the teachers at Carlson. In addition, they are making a book of all the interviews they did of the Veterans who attended their Veterans Day program. This event was very exciting for those who did the interviewing as well as the veterans.

TAKE AIM

Howard Thurman, in his "Meditations of the Heart," talks about seeking room for Peace. There is room enough for chaos. In every day's experience, there is much that makes for confusion and bewilderment. At times our relations with others become frayed and chaotic. Chaos can be positive, and it can be negative. But for me, the need of my heart is to have room for Peace. Peace of mind that inspires singleness of purpose. Peace of heart that quiets fear and panic. I know that in this quietness, my life can be infused with Peace. Therefore, before your God, seek the enlargement of your heart that there may be room for Peace.

Take Aim,
Bill Bartholomew

President's Message (continued from page 1)

The Love Basket project was also very rewarding, because it presented significant logistical challenges. Also, at certain times, some of the club leadership weren't particularly enamored of the project. However, we persevered and have made it an institution within our club.

I also have several years experience with the Touch-a-Life Award. The process of selection of the recipient is a very responsible position, and I have been impressed with the sincerity of all involved.

I regret that I have never been part of the, what was formerly called, Sponsored Youth. My work hours simply do not allow it, even though I tried my hand at it one year. This is certainly a "key" part of our club's activity (no pun intended), and I hope that it remains a strong arm of our club's activities.

In summary, I don't believe there is a project in our club that isn't worthy of everyone's interest and activity. I am particularly pleased at the rapid growth of Young Children Priority One. I recall when it was first announced by International that there were some skeptics within our club. I think new leadership has shown how YCPO can become a flagship project within our club.

I have enjoyed my years in Alpine Kiwanis since 1993 and I consider it an honor to work in this organization. I have much to learn and it is, certainly, a wonderful group of people.

Yours for a stronger Alpine Kiwanis,
Dave Helland

BIRTHDAYS

Name	February	Name	March
Larry Hedberg	03	Gary Ven Rooy	12
Jim Hogfeldt	04	Michael Mann	28
Steven Brunette	05		
Thomas Anderson	06		
Fred Beck	06		
Frank Flower	07		
Eugene Sjostrom	09		
Robert Conner	22		
Vincent Facchiano	28		
James Welte	28		
Jonathan Whitmore	28		
James Coffey	29		

ANNIVERSARIES

Name	February	Name	March
Jeff Wallem	02	Maleeah Cuevas	14
James Wilson	02	Jim Hogfeldt	16
Bruce Dearborn	07	Karen Tilly	21
Kanwal Prashar	19	Kenneth Whitmore	23
Harold Branstiter	25	Stephen Newton	31

MEET OUR NEW MEMBER

Anders Gredenius



Anders Gredenius grew up in Sweden, where he learned the trade of upholstery. After he finished his five years of upholstery training, he moved to Gothenburg and enjoyed Swedish folk dancing. He was also very active in the Boy Scouts

during this time, where he earned the highest leadership award of "the wooden patch."

Anders moved to the United States in 1958 and worked at a furniture factory in Chicago, Illinois. He also became the folk dancing leader for the Swedish Newcomers Club. In 1961, he married Arline, and they moved to Rockford. Here, he worked for the House of Lindberg and also led the local Swedish dancers for a number of years. In 1965, he started his own upholstery business.

In 1983, Anders and his family moved to Harbert, Michigan, where they bought a Swedish bakery. After running the bakery for ten years, they sold it in 1993 and returned to Rockford, where Anders, again, worked in upholstery, opening up his own shop called "Anders' Upholstery."

Anders has been very active in his church, Broadway Covenant, and has served on several of its' boards. He is also active in and serves on the Board of the Swedish Historical Society. He was an earlier member of the Alpine Kiwanis Club and was sponsored by Bob Lindman. He has always been impressed by the work the Kiwanis Club does in the Rockford community and is looking forward to being an active member again.

Programs

Feb. 9	Don Pierson, NFL
Feb. 16	Don Hulseth, University of Illinois
Feb. 23	Janelle Calow, Visiting Nurses Association
Mar. 2	Bob Guirl, Boeing 787, Hamilton Sundstrand
Mar. 9	TBA
Mar. 16	TBA, Memories of WWII
Mar. 23	Gloria Lundin, Community Foundation of Northern Illinois

Greeters

February

9	George Hayward	John Vanderheyden
16	Larry Hedberg	Gary Ven Rooy
23	John Heisel	Michele Wahl

March

2	Chris Hempling	Jeff Wallem
9	Arlene Henderseon	Jeff Walton

Word of the Day / Invocator

February

9	Ralf Jansson	Marlow Anderson
16	Loren Johnson	Thomas Anderson
23	Kim Kaufman	Bob Baker

March

2	Dana Kraus	Bill Bartholomew
9	Mary Kroll	Fred Beck

REMINDERS

The Citizenship Committee is hosting the "Love Baskets" again this year and hopes to raise enough to distribute more than 150 baskets. Love Baskets are food baskets distributed to the needy near Valentine's Day. The cost of each basket is approximately \$25. Donations in any amount are now being accepted by Kanwal Prashar or Nancy Sanders.

Youth Services is working on the Children's Clothes Closet and is **collecting new or gently used clothing** for children ages 0-13 (NOTE: Only NEW underwear) on the **last Thursday of every month.**

K-TRIVIA

The name Kiwanis stems from a North American Indian phrase, which, like many aboriginal terms, had a variety of meanings, including; "We have a good time," "We make a noise," or "We trade."

NEXT DEADLINE: March 2, 2006

ALPINE NEWS EDITORS

Julie Lenth - Editor.....636-2467 work

John McCue - Directory.....332-5542 home

SPECIAL EVENTS

I-I District Mid-Winter Conference February 17-19, 2006

Radiisson Hotel & Conference Center in Bloomington, IL
Schedule and Registration form available at <http://www.ii-kiwanis.org/MW-Registration.pdf>



Polar Bear Plunge Saturday, March 4, 2006 at Noon

at Olson Lake in Rock Cut State Park. WIFR and WROK will be major sponsors of this event. More details will be given at the February 2nd meeting regarding participation.

Key Club District Convention

April 7-9, 2006 at the Holiday Inn in Decatur, IL

Infant and Adult CPR Certification Classes

April 8 and 29, 2006 Pre-determined areas near our location. Each session will last approximately seven hours with full accreditation.



Kiwanis International Convention June 28 - July 2, 2006

in Montreal, Quebec, Canada

Promotional brochure is available online at <http://www.kiwanis.org/lit/convpromo2006.pdf>

Key Club International Convention July 1-5, 2006

at the Sheraton Boston in Boston, MA

Brat Days July 21-22, 2006



I-I District Convention

August 3-6, 2006 at the Grand River Center in Dubuque, Iowa

Circle K International Convention

August 12-15, 2006 at Boston Park Plaza in Boston, MA.

Special Olympics

Saturday, February 25, 2006 at 8:30 a.m.

Meeting at the Stockholm Inn. All Kiwanians are encouraged to attend this and all Special Olympics meetings. **Contact Debbie Kelley, Dave Helland or Randy Larson** to confirm meeting attendance.

Circle K District Convention

March 3-5, 2006 at the Wyndham Hotel in Lisle, IL

Thank You from YCPO

As I understand it, Kiwanis is a service club. Therefore, it is somewhat expected that the members will pitch in to support the many projects that the various committees present to the club. However, the astounding support, which the members of Alpine Kiwanis have shown to the Young Children Priority One Committee, must be acknowledged.

I would like to thank the members, in general, for their emotional and financial support, as well as for their many donations. It is necessary, though, to name some individuals in particular.

To the YCPO Committee Members – Steve Naff, Arlene Henderson, Angelo Caruana, Chris Hempfling, JD Clemmons, and Jeff Walton – thanks for standing behind a “green-horn.” I surely couldn’t do this all by myself!

Dan Norman and Mark Conklin – thanks again, you guys are great.

Jim Hogfeldt was the first member to donate toys; he got the ball rolling.

Keith Forberg has recently donated scads of toys, including tricycles, clothes, and toothbrushes. He has sparked an idea for a new dental project. Thanks, Keith.

Gil Dohlen was the first member to donate cell phones. He has also exhibited endless patience in showing me the ropes.

Some of my other mentors are: Ron Janecek, Gary Hunt, John McCue, George Hayward, and Verla Sterett. Without these folks, I would have given up early on.

Mary Ann Gaunt, I can’t thank you enough for what your

“Wazooms” did for us. With the money you donated, we purchased over 100 toys for the Chaplain’s Christmas Toy Drive.

Vince Facchiano came to our aid for a very special project both through his business and his personal donation.

Very early on, when I was just joining, the kind words of support and the votes of confidence I received from several people made all the difference to me. I would not have ever considered heading a committee if it weren’t for: Ralf Jansson, Chuck Lantz, Marge Hamburg, and Mary Ann Gaunt.

It is a blessing to know that, when we need them, the Charities Committee is standing ready to help us. Thanks, Bruce.

Maleeah, you made me realize, through your praise of your husband, that it’s okay if I get emotional and “sappy” once in awhile. These guys need us to awaken their soft sides sometimes!

Chuck Lantz surprised me deeply with his recent generosity. He has been a quiet supporter from day one, and I am constantly reassured to know that he is there.

In addition, I must mention that “Lil’ Rascals Resale” store has been donating truckloads of toys and clothes to our committee. If you have need for such a store, please check them out.

If I forgot anyone, it wasn’t intentional. You have all been wonderful!

With profound gratitude,

Michele Wahl, YCPO Committee

The SPECIAL ACTIVITIES COMMITTEE
Welcomes you to join them for an afternoon in Chicago
Historic Berghoff To Close

107-year-old Berghoff Restaurant, a Loop landmark, serves its last schnitzel on Feb. 28 and we will be there on February 25th.

Expect the average entrée to cost **\$12 to \$20**, and you'll be fine if dressed casual.

Within walking distance of Chicago Downtown attractions:

Marshall Fields, Art Museum, Millennium Park, and many others.

We will Luxury cruise to Chicago, leaving Rockford from Alpine Bank 9:00 a.m.

Dinner at The Berghoff-11:00 a.m. -1:00 p.m.

Explore downtown Chicago (on your own) until 5:30 p.m.

Return to Berghoff's by 6:00 for departure to Rockford

Departure time from Berghoff's is not set in stone.

Back in Rockford by 8:30 p.m.

Transportation Cost: \$15.00 per person

Only 55 seats available-first come, served.

(Only 11 seats left on Bus One)

We will hire another bus if total seats sold equals 102

Your check to Alpine Kiwanis is your reservation.

RSVP: Bob Herro - 399-7213 - arehero@aol.com

227 Brendenwood Terrace, Rockford, IL. 61108

Alpine Kiwanis Web Site: www.alpinekiwanis-il.org

Alpine Kiwanis Meets Weekly:
Thursday, 7:10 a.m. at the Hoffman House

Return Service Requested

P.O. BOX 5132 • ROCKFORD, IL 61125

KIWANIS CLUB

