

1968-2005  
37 Years of Service



Officers

### 2004-2005

President  
**Gary G. Hunt**

President Elect  
**Dave Helland**

Vice President  
**Jim Hogfeldt**

Club Secretary  
**Ron Janecek**

Membership Secretary  
**Verla Sterett**

Administrative Treasurer  
**James Coffey**

Charities Treasurer  
**Gil Dohlen**

Immediate Past President  
**George Hayward**

Division 12  
Lt Governor  
**Randy Corbin**

2004-2005  
I-I District Governor  
**John Hall**

2004-2005  
Executive Director  
**Jea Nae Wood**

THEME FOR 2004-2005

"ALPINE  
AKTION –



BETTER THAN  
WORDS"

# Alpine NEWS

Volume 40

Number 5

February 10, 2005

## President's Message

### HOW ARE WE DOING?

With one-third of the year behind us, it is time to review where we are. We have three (3) goals for Kiwanis Year 2004 – 2005. The details of these goals are included in the insert in this bulletin and on our web site at [www.alpinekiwanis-il.org](http://www.alpinekiwanis-il.org) under **Bulletins**. In summary the goals are: **Build a New Aktion Club; Complete the Criteria for Distinguished Club at the International Level Through: Service; Education; and Growth; and Complete the Criteria for Distinguished Club at the District Level.**

The forming of an Aktion club is without a doubt the most exciting activity happening during my year as President! The committee is strong, enthusiastic, and excited about the potential of this new club. The completion of this goal will give the club 10 bonus points under the Growth portion of goal #2. I will be devoting more newsletter time to this project in the March or April issues of the bulletin.

The SERVICE part of goal #2 is basically completed. We are continuing to sponsor K-Kids at Carlson School, a Builders Club at Eisenhower, Key Clubs at Guilford and Jefferson and Circle Ks at Rock Valley and Rockford Colleges. We have already contributed \$550 to the Kiwanis International Foundation. This means we need to grow our membership by 15 members this year to match our contribution. We have three Young Children Priority One activities this year. We still provide Spinoza Bears as required. The committee is still working on trauma dolls for the hospitals. And we are participating with the other clubs in Winnebago County in the Collective Community Service Project which will complete three playgrounds for a local daycare by mid-March this year.

The EDUCATION part of goal #2 is standard operating procedure for Alpine. We have provided new member orientations for as long as I have been a member which is over 10 years. And our attendance at District Mid-year Conference, District Convention and Club Leadership Education (CLE) is automatic. So far 60 of the required 80 points are just continuing to do what we have always done. Strong Committee Chairs with an active membership makes it happen.

The GROWTH part of goal #2 is undoubtedly the most difficult. However, this year we are on track to earn 30 of the possible 60 points in this category, 20 for growing the membership and 10 for building a new Aktion Club. We have struggled in recent years to maintain the membership. With new members inducted

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## DIRECTORY UPDATES

### **OOPS!!**

We missed some important numbers, please change your directories accordingly

Bill Bartholomew: (H) 639-0596  
Thomas Peterson: (H) 227-1085  
Robert W. Baird and Co., Inc.  
(B) 637-2300

### **Business Change:**

Todd Scott: (B) Ph. 282-7726 (Direct #)

### **E-mail Address Change:**

Jim Wilson: Jimw1028@insightbb.com

### **Correction:**

Gil Dohlen: GDohlen@rockriver.net

### **New Member:**

Jason Hammer  
3419 Rural St.  
Rockford, 61107  
(H) 395-0494  
Sauk Valley Container  
1980 Eastwood Dr.  
Sterling, IL 61081  
(B) 815-626-9657  
[saukvalleycontainer@hotmail.com](mailto:saukvalleycontainer@hotmail.com)  
Hobbies: Running, playing guitar  
Sponsor: Michael Simmons

## WORD OF THE DAY

### ***Jan. 6 – Les Ross***

The difference between the Pope and your boss – The Pope only expects you to kiss his ring.

### ***Jan. 13 – Nancy Sanders***

The difference between genius and stupidity is stupidity has its limits. – Unknown

### ***Jan. 20 – Todd Scott***

The test of our progress is not whether we add more to the abundance of those who have much: it is whether we provide enough for those who have too little.  
– Franklin Delano Roosevelt

**SPECIAL OLYMPICS** will be meeting on Saturdays, February 26, April 9 and April 23 at 8:30 a.m. The meetings will be held at Goodwill.

## TAKE AIM...

Leonard Ravenhill tells of a group of tourists who were visiting a picturesque village. They saw an old man sitting beside a fence. In a rather patronizing way, one tourist asked,

“Were any great men born in this village?”

The old man replied, “Nope, only babies!”

That was a profound answer. There are no instant heroes in this world or in the kingdom of God. Greatness takes time and effort and discipline. Leadership must be earned.

May we strive to become great men and women as we live out the ideals of our faith and of Kiwanis.

Take Aim...  
Robert Wildman

## NOTES FROM THE DECEMBER 27 BOARD MEETING:

At press time the **Alpine Kiwanis Tsunami Relief Fund** was up to \$3,300. If you are interested in giving towards this fund, please make your check payable to Alpine Kiwanis Charities Fund, Inc., put tsunami relief in the memo and mail to Alpine Kiwanis, P. O. Box 5132, Rockford, IL 61125.

John Vanderheyden reported the surveys are in and tallied as to any change in our meeting place or menu served. The final decision is for the meeting place and time to remain the same. The House Committee will be authorized to implement the slight modification to the menu.

February 3rd marks the Charter Banquet night for the Rockford College Circle K at Lino's.

**YOUTH SERVICES COMMITTEE** – There is still a need for donations in dollars or clothing articles – such as socks or underwear for the Clothes Closet collected at the meetings on the First Thursday of each month.

Committee received a big thank you with “great appreciation for your thoughtfulness and generosity” for donations give to Goldie B Floberg's Mother Christmas program.

**CHARITIES COMMITTEE** – Approved requests for January:

YouthBuild	\$ 750.00
Support for Concert Program	
Rockford Dance Company	\$ 750.00
Funds for Seniors to attend performances	
American Red Cross	\$1,000.00
Project Relief and Rebuild	
Tebala Temple	\$ 400.00
Circus tickets for youth	
Rockford MELD	\$1,500.00
Support for two programs	

## BIRTHDAYS

### Happy Belated Birthday

#### to two special people in Alpine Kiwanis:

Sophie Davis on January 13  
Lois Wildman on January 14

Name	Date	
	February	March
Larry Hedberg	03	Gary Ven Rooy 12
Jim Hogfeldt	04	
Fred Beck	06	
Tom Anderson	06	
Frank Flower	07	
Gene Sjostrom	09	
Bob Conner	22	
Jim Welte	28	
Vince Facchiano	28	
James Coffey	29	

## ANNIVERSARIES

Name	Date	
	February	March
James Wilson	02	Maleeah Cuevas 14
Jeff Wallem	02	Jim Hogfeldt 16
Bruce Dearborn	07	Karen Tilly 21
Rahim Balsara	17	Kenneth Whitmore 23
Kanwal Prashar	19	Stephen C. Newton 31
Dave Mondul	20	

## PRESIDENT'S MESSAGE (continued from page 1)

and new applications in hand, we are two up on the year. We still have a ways to go to achieve the 15 new members we are anticipating. But with your concerted effort for the rest of the year, we can make it happen.

The additional criteria for Distinguished Club in the District are also well within reach. We have already completed our requirements for interclubs (even though we will continue to share that fellowship with other clubs). Our contribution to the Spastic Paralysis Foundation has been set aside from our charities account. And the remaining items, filing secretary reports and paying our dues to International are administrative in nature. So Far – So Good.

*Gay*

## K-TRIVIA

Feb. 5 – Kiwanis International's continuing service focus is called "Young Children: Priority One." This program seeks to serve the special needs of young children from prenatal development to age five in four areas: maternal and child health; child care and development; parent education and support; and safety programs and pediatric trauma care.

# Programs

- Feb. 10** Scott Christiansen, Commuter Rail Service – Bob Conner
- Feb. 17** Roseann Cannariato, CASA – Tom Weingartner
- Feb. 24** Tom Anderson, Financial Network – Fred Beck
- Mar. 3** Carol Fisher, Janet Wattles Center – Joe Etminan
- Mar. 10** Ruth Miller, City of Gardens – Joe Etminan

## UPCOMING SPECIAL EVENTS

- Feb. 12** Bingo Potluck 5:30 p.m.  
Bring a dish to pass and a white elephant bingo prize.  
Bring family-friends-neighbors.
- Mar. 19** Easter Egg Hunt  
More details to come.
- Apr. 2** Fireside Dinner Theater Show  
*West Side Story*. See Verla Sterett for ticket information.

## Greeters

### February

10	Kanwal Prashar	Mary Ann Gaunt
17	Les Ross	Marge Hamburg
24	Nancy Sanders	Jason Hammer

### March

03	Todd Scott	George Hayward
10	Michael Simmons	Larry Hedberg

## Word of the Day / Invocators

### February

10	Bob Slack	Ralf Jansson
17	Bob Stadtmueller	Loren Johnson
24	Verla Sterett	Kim Kaufman

### March

03	Ward Sterett	Jerry Kopp
10	Jeannie Sullivan	Dana Kraus

## INTERCLUBS

- Feb. 10** – Thursday, Freeport Golden K at 9:00 a.m. leave Hoffman House at 8:05 a.m.
- Feb 24** – Thursday, Belvidere 7:00 a.m. leave Hoffman House at 6:40 a.m.

**NEXT DEADLINE: March 2, 2005**

### ALPINE NEWS EDITORS

Judy Phillips — Co-Editor ..... 874-2031 home  
Kim Kaufman — Co-Editor ..... 484-4658 home  
John McCue — Directory ..... 332-5542 home

## MEET OUR NEW MEMBER

### Jason Hammer

I was born and raised in Sterling, Illinois. After high school I went to Winona State University in Minnesota and received a degree in Composite Materials Engineering. While at Winona State, I played free safety on the football team.



After college, I backpacked through Europe. Upon returning, I moved to Lafayette, Louisiana and worked for a small company making acoustic guitars and attempting to fit into Cajun culture. Six months after I moved to Lafayette, my girlfriend moved there as well. Two years later, she decided to go back to school and we moved back to Rockford. Kris and I were married in Rockford last summer. She is a

graduate student at NIU working on a degree in Environmental Education and is an employee at Burpee Museum of Natural History.

I am currently working in sales for Sauk Valley Container, a manufacturer of corrugated boxes and packaging supplies. This is a family business so I am very familiar with it and am happy to learn a new skill and be a part of it.

During my free time, I like to run, play guitar, and I am learning how to create Web sites. I have an older sister who lives in Oak Park, IL with her husband and their 18 month old daughter. They are expecting another baby this coming July. My younger sister is 21 and is a student at Sauk Valley College. My mother is a speech pathologist at CGH Medical Center in Sterling and my father is an owner of Sauk Valley Container.

## YOUNG CHILDREN PRIORITY ONE



YCPO donated 26 books to MELD's library. Thank you to everyone who contributed. Also, we have donated 33 more trauma dolls to OSF Saint Anthony Medical Center. They distribute dolls to children in the pediatric unit, out-patient surgery, and the emergency department.

Trauma Dolls is an on-going activity, made possible by the help of students from Hononegah, Guilford, Jefferson, East, and Boylan (Key Clubs and National Honor Society members).



Alpine Kiwanis Web Site: [www.alpinekiwanis-il.org](http://www.alpinekiwanis-il.org)

Alpine Kiwanis Meets Weekly:  
Thursday, 7:10 a.m. at the Hoffman House

Return Service Requested

P.O. BOX 5132 • ROCKFORD, IL 61125

**KIWANIS CLUB**

*Alpine*

**THE FUNDRAISING COMMITTEE of Alpine Kiwanis encourages all club members to utilize the newly created cover sheet and the sponsorship forms for Brat Days 2005.** There are various levels of sponsorship available for your business/company to choose from. The sponsorship form and cover letter will be available on the table at the door when entering the St. Moritz Room for our regular Thursday morning meetings.

**POLAR PLUNGE  
WE'LL BE FREEZIN' FOR A REASON!!!**

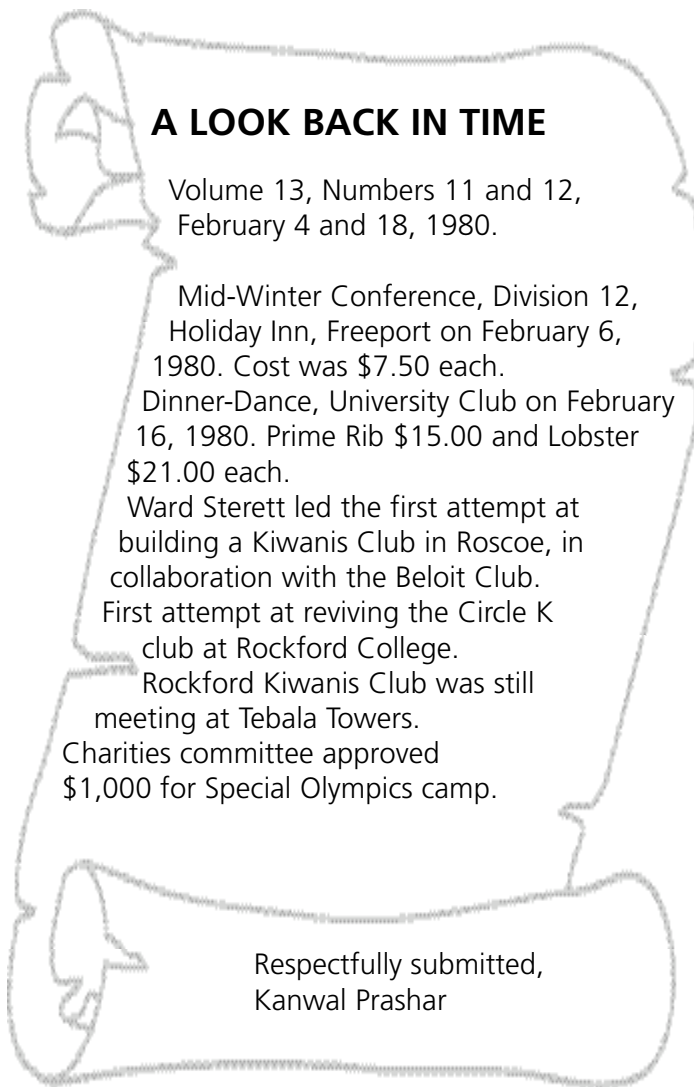
Come help benefit Special Olympics on Saturday, March 5, 2005 at noon at Olson Lake in Rock Cut State Park. This Polar Plunge will be 1 out of 14 held in the State of Illinois on this date.

What can you do??? Pledge some dollars to Special Olympics or volunteer to be a participant or support at the event. We need your volunteer hours between 10:00 a.m. to 1:00 p.m. Come join the fun – fun like no other that has been had in our area before AND you'll be helping out some great people!!!

**WHO'S ENCOURAGING WHO????**



Membership at its best! Shown here, Les Ross shares the joys of Alpine Kiwanis membership with new member Marge Hamburg. Member, Al Pine, travels from member to member throughout the Alpine Kiwanis club. He's cozy, He's lovable and He's a great companion. If you have Al Pine as your companion, he's yours until you bring a guest to a club meeting then he's off to another member to encourage more guests. Lucky for us, Al Pine has brought a lot of great people our way!!!



**A LOOK BACK IN TIME**

Volume 13, Numbers 11 and 12, February 4 and 18, 1980.

Mid-Winter Conference, Division 12, Holiday Inn, Freeport on February 6, 1980. Cost was \$7.50 each.

Dinner-Dance, University Club on February 16, 1980. Prime Rib \$15.00 and Lobster \$21.00 each.

Ward Sterett led the first attempt at building a Kiwanis Club in Roscoe, in collaboration with the Beloit Club.

First attempt at reviving the Circle K club at Rockford College.

Rockford Kiwanis Club was still meeting at Tebala Towers.

Charities committee approved \$1,000 for Special Olympics camp.

Respectfully submitted,  
Kanwal Prashar

**SPREADING KIWANIS LOVE**



Love will be spread throughout the Rockford area on Saturday, February 12th by members of our Alpine Kiwanis Club, Key Clubs from Guilford and Jefferson High Schools and Rock Valley College Circle K. With the help of Logli on East State those mentioned will gather to package Love Food Boxes in preparation for the Saturday delivery. Names of those in need were collected from local social service agencies.

Each year, Logli on East State orders the food for us and provides the packaging area where we whisk in and package up the much-needed baskets until our delivery people arrive to take them away. We average 130 Love Baskets going to families in need in the Rockford area. The contents of the basket consist of meat, potatoes, canned goods, vegetables and fruits, etc. If you wish to donate to this project, please contact Kanwal Prashar at 921-3390.



## Alpine Kiwanis Rockford 2004 – 2005 Goals

### 1. Build a New Aktion Club

- a. In October 2000, Kiwanis extended service opportunities to adult citizens living with developmental disabilities through the formation of Aktion Clubs. These clubs provide members with opportunities to develop initiative and leadership, to serve their communities, to be integrated into society, and to demonstrate the dignity and value of citizens living with developmental disabilities. To date, there are more than 2,000 members in 89 clubs.
- b. The Mission of Aktion Club is:
  - i. To provide these adults an opportunity to develop initiative and leadership skills.
  - ii. To serve their community.
  - iii. To be integrated into society
  - iv. To demonstrate the dignity and value of citizens living with disabilities.

### 2. Complete the Criteria for Distinguished Club at the International Level Through: 80 Points are required.

#### Service:

- a. The club will sponsor and fulfill their responsibilities to a sponsored organization or program (K-Kids, Builders Club, Key Club, Circle K, Aktion Club and Kiwanis Junior). **10 points**
- b. The club will contribute \$5 per member to the Kiwanis International Foundation (\$100 minimum per club). **10 points**
- c. The club must participate in the Young Children: Priority One program. **10 points**

#### Education:

- a. The club will provide all new members a new member orientation. **10 points**
- b. The club will be represented at both the mid-year conference and District convention (or equivalent) **10 points**
- c. The club will be represented at required Club Leadership Education (CLE) training sessions. **10 points**

#### Growth:

- a. The club must have a net gain in membership of at least one member by the end of the administrative year. **20 points**
- b. The club will complete one of the following three items: **20 points** for completing one category. **10 bonus points** for each additional category completed.
  - i. Sponsor (or co-sponsor) a new Kiwanis club in the community
  - ii. Sponsor a new club in a developing Kiwanis Nation through the Kiwanis World Link program
  - iii. Build a new K-Kids, Builders Club, Key Club, Circle K, Aktion Club or Kiwanis Junior club.

### 3. Complete the Criteria for Distinguished Club at the District Level Through: In addition to the International Distinguished Club requirement in #2 complete the following:

- a. Each club contributing to the Spastic Paralysis Foundation
- b. Each club Secretary filing monthly reports
- c. Each club participating in Inter-Clubs
- d. Each club paying dues on time to Kiwanis International