

1968-2006
38 Years of Service



Officers

2005-2006

President
David Helland

President Elect
Jim Hogfeldt

Vice President
Ted Liebovich

Club Secretary
Ron Janecek

Membership Secretary
Jon Whitmore

Administrative Treasurer
James Coffey

Charities Treasurer
Gil Dohlen

Immediate Past President
Gary G. Hunt

Division 12
Lt Governor
John Armstrong

2005-2006
I-I District Governor
Amron Buchanan

2005-2006
Executive Director
Jea Nae Wood

THEME FOR 2005-2006

***This Job Is
About People.***

Alpine NEWS

Volume 41

Number 3

December 8, 2005

President's Message

One of the compelling, deep-seated, central issues of our day is that of tolerance for diversity.

It has been said that there are more foreign-born people residing within our nation's boundaries than at any other time in history. This is very startling to many of us, especially in the Midwest, who think of ourselves as Northern Europeans. It goes without saying that many of these "foreign-born folks" living in our country come from other parts of the world than northern Europe.

I was impressed with an observation I made at Carlson School the other day when Ron Janecek and I were handing out dictionaries. While looking about the one section of third graders, I was struck by the tremendous diversity among that group of students. So, I counted. There were only eleven clearly Caucasian pupils among a classroom of 27. Surely, Rockford is no longer a city of Northern Europeans.

I learned a lesson in cultural diversity that took 40 years to unfold.

When I was in high school at a tiny school in central North Dakota, basketball was the high school sport. If we won our district in tournament play, state pairings had the class C winner of District 16 played the winner in an adjacent district, which happened to encompass Fort Totten. The Fort Totten High School mascot was the Braves and, indeed, it was. They were all Siouan Indian. In that culture, basketball is very important as well. My senior year in high school, we were very successful. I say "we" because I was only the student manager, I did not have the skills to "suit-up". We knew our task was enormous as we entered the gymnasium in nearby Carrington. Over half of the fans in attendance were Siouan Indian. During the game, the score seesawed back and forth perhaps two dozen times. With ten seconds to go, the Fort Totten Sioux were ahead 57-55. Our top player snagged a defensive rebound and headed down the floor. His opponent pushed and herded and eventually got him out of bounds as he was approaching our basket. What really hurt was that the North Dakota Class C Champs that year were the Fort Totten Braves.

In the days that followed, there were lots of racial slurs in the high school hallways and at the café uptown. I spoke my share.

Fast forward to 1989. I was sponsoring a long distance race between the two principle towns in the county as a fundraiser for the economic development commission of my home county. Since I had achieved some success as a marathon runner, my friends back in the hometown had recruited me to help get some publicity for economic development.

(continued on page 3)

DIRECTORY UPDATES

Telephone Change:

Tom Anderson
(cell) 815-222-4052
(H) as above

E-mail Address Change:

J. D. Clemmons
jdsiu69@yahoo.com

Randy Larson
RSLJKL4b@insightbb.com

New Member:

Cynthia "Cindy" Hall
130 Dawn Ave.
Rockford, 61107-5006
(H) 395-8374
Spectrum School
2909 N. Main St.
Rockford, IL 61103-3100
(B) 877-1600 Ext.13
e-mail:
cyndihall@insightbb.com
Hobbies: Drag racing,
Reading, Cooking
Sponsor:Karen Tilly

WORD OF THE DAY

Nov 3 – Frank Flower

As at this time of the year we are all aware of the Time,
I therefore quote from BENJAMIN FRANKLIN Nov.6 – 1790:

Early to bed – early to rise
Makes a man healthy – wealthy and wise

Nov 10 – Keith Forberg

"The true measure of a man is how he treats someone who
can do him absolutely no good" – Ann Landers

Nov 17 – Mary Ann Gaunt

One generation plants the tree and another gets the shade.
– Author unknown

Nov 23 – Dave Helland

"Remember that everyone that you meet wears an invisible
sign. It reads 'Notice me. Make me feel important.'" – H. Jackson Brown, Jr.

SPONSORED PROGRAMS

The 2005/2006 Sponsored Programs attendance at the various schools along with the Aktion Club has been very high and full of enthusiasm.

- **Guilford Key Club** has seen as many as 70 members and have been working on projects to assist victims of Hurricane Katrina as well as tutoring at Brookview Elementary School and raising money for HIV/AIDS awareness.
- The **Carlson K-Kids** have between 35 and 45 students each week and participated in the school parade, made welcome stars for all the veterans who attended their Veterans Day program and have made decorations for the school and Thanksgiving Day cards for the school's teachers and staff.
- **Jefferson Key Club** has had several projects already this year including Trick-or-Treat for UNICEF, Spastic Paralysis Bowling-a-thon and a gift wrap at Barnes and Noble scheduled for December 4th.

We are very proud of all the participants!

REMINDERS

The **Festival of Lights** will be on exhibit **November 30 - December 31, 6:00 p.m.-10:00 p.m.** The Alpine Kiwanis display is located at the top of the hill in front of the practice green and clubhouse of Sinnissippi Park.

Caroling with the Alpine Kiwanis on **Saturday, December 10**. See any Activities Committee member to sign up.

The Citizenship Committee is hosting the "**Love Baskets**" again this year and hopes to raise enough to distribute more than 150 baskets. Love Baskets are food baskets distributed to the needy near Valentine's Day. The cost of each basket is approximately \$25. Donations in any amount are now being accepted by Kanwal Prasher or Nancy Sanders.

The YCPO Committee has been very busy!!! They are currently working on seven projects and request donations of **new or gently used toys, books, and stuffed animals** to be given to the Rockford Police and Fire Department chaplains, the State Street Fire Department, Hospice Care of America, and Rockford Sexual Assault Counseling. In addition, the YCPO committee is collecting **used printer cartridges and used cell phones** for the Children's Miracle Network and Rockford Sexual Assault Counseling. Lastly, look for more in the coming months on the new "Sunburn Prevention" program that will distribute sun hats and sunscreen to infants and toddlers.

2004-2005 MERIT AWARD RECIPIENTS

Alpine Kiwanians who received the prestigious Merit Award for 2004-2005 include:

Jim Coffey, Bob Conner, Allen Cramer, Gil Dohlen, Mary Ann Gaunt, Marge Hamburg, George Hayward, Dave Helland, Gary Hunt, Ron Janecek, Jerry Kopp, Jay Maney, John McCue, Dean McMorris, Judy Phillips, Ted Plum, Kanwal Prashar, Les Ross, Nancy Sanders, Michael Simmons, Gene Sjostrom, Verla Sterett, Ward Sterett, Jeanne Sullivan, Karen Tilly, John Vanderheyden, Dave Whitehouse and Ken Whitmore.

Criteria for receiving the Merit Award is as follows:

1. 75% Attendance at club meetings (including make-ups)
2. Attendance at two (2) Interclub Meetings
3. Attendance at one (1) Board of Directors Meeting of the Alpine Kiwanis Club
4. Attendance at two (2) Alpine Kiwanis Special Events
5. Participation in two (2) Alpine Kiwanis Service Projects
6. Either sell 100 Brat Days Tickets OR work a minimum of two (2) Shifts for Brat Days
7. Bring a prospective Alpine Kiwanis member to a regular club meeting

If you feel that you have met all of the above criteria for 2004-2005 and your name is not listed, please contact Verla Sterett, Membership Secretary 2004-2005.

BIRTHDAYS

Name	December	Name	January
Wilbur Bartholomew	14	Kurt Jensen	03
Mary Kroll	16	Fredrick Ellenberger	06
James Yarwood	21	Joe Etminan	10
Maleeah Cuevas	24	Margaret Hamburg	11
Michele Wahl	26	John France	12
Jerald Kopp	28	Lawrence McGee	12
		Stephen Newton	12
		Harold Branstiter	14
		John Vanderheyden	18
		Barbara Olson	20
		Robert Herro	23

ANNIVERSARIES

Name	December	Name	January
Fred Beck	04	David Helland	04
Dan Norman	12	Frank Flower	08
Marlow Anderson	15		
Lawrence McGee	22		
Loren Johnson	27		
Ward & Verla Sterett	31		

CONGRATULATIONS AND BEST WISHES

Bill Bartholomew married his long time friend, Shirley Lindstrom, on November 12, 2005. Shirley is an envoy and chaplain with the local Salvation Army, and she is in charge of the program "Womens' Restorative Justice." Bill and Shirley have known each other for 24 years. They "honeymooned" in New Orleans—Bill in a tent with 175 cots for the men, and Shirley in a tent with cots for women!!! During their time in the New Orleans area, they assisted the Salvation Army by interviewing people who lost their homes in order to help fill their needs. Let us all offer our best wishes and congratulations to the newlyweds, Bill and Shirley!

President's Message (continued from page 1)

Near the start line of the second year's race, an American Indian struck up a conversation with me. His name was Vern Lambert. One topic led to another but the shock was that Vern was the Fort Totten Brave who forced our star player out of bounds with five seconds to go. It was a moment of clarity for me. My next joy was when I insisted that he and I go through the finish gate hand-in-hand after an 18-mile run. He was, and I'm sure still is, a great endurance athlete.

The next year, I had the pleasure of going with Wealtha to his home in Fort Totten and visiting the brand new Four Winds High School, of which he is School Board President. The cultural emphasis was everywhere and it certainly was a source of pride to youth in the area. Thank you, Vern, for that lesson.

As a Kiwanian, I am committed to continue grasping the paradigm of a nation growing and learning how to thrive in a culture of diverse people.

Dave Helland

Programs

- Dec. 8** Dr. Allen Brown, Jane
- Dec. 15** John Armstrong, Lt. Governor
- Dec. 22** Maleeah Cuevas, Memory of Christmas
- Dec. 29** Tom Weingartner, Resolution
- Jan. 5** TBA
- Jan. 12** Jon Krause, Gambino Realtors
- Jan. 19** Rockford Youth Build, Karen Dove

SPECIAL EVENTS



Nov. 30 – Dec. 31, 6-10 p.m. – Festival of Lights at Sinnissippi Park

Dec. 10 – Caroling with the Alpine Kiwanis



Greeters

December

8	Vince Facchiano	Michael Simmons
15	Steve Ferrall	Bob Stadtmueller
22	Frank Flower	Gene Sjostrom
29	Keith Forberg	Verla Sterett

January

8	John France	Ward Sterett
12	Mary Ann Gaunt	Jeannie Sullivan

Word of the Day / Invocator

December

8	Marge Hamburg	Al Weir
15	Jason Hammer	Jim Welte
22	George Hayward	David Whitehouse
29	Larry Hedberg	Jon Whitmore

January

5	John Heisel	Ken Whitmore
12	Chris Hempfling	Anne Wilson

K-TRIVIA

The Kiwanis International Board of Trustees has 20 members including the Executive director. These include the President, Immediate Past President, President-Elect, Vice-President, Treasurer, and 14 Trustees. The officers serve for one-year terms, and each year a group of Trustees are elected to three-year terms. An additional nonvoting officer, the International Executive Director, is appointed by the Board and is the only salaried officer.

NEXT DEADLINE: January 5, 2006

ALPINE NEWS EDITORS

Julie Lenth – Editor.....636-2467 work

John McCue – Directory.....332-5542 home

Mark your calendars now!

**I-I District
Mid-Winter Conference
February 17-19, 2006**

Radisson Hotel & Conference Center
#10 Brickyard Drive, Bloomington, IL
(309) 664-6446

(Cost for room is approximately \$80.00 per night)

*(NOTE: Effective January 1, hotel name changing to
the Double Tree Hotel & Conference Center)*

More information will be available January 2006.

Alpine Kiwanis Web Site: www.alpinekiwanis-il.org

Alpine Kiwanis Meets Weekly:
Thursday, 7:10 a.m. at the Hoffman House

Return Service Requested

P.O. BOX 5132 • ROCKFORD, IL 61125

KIWANIS CLUB



MEET OUR NEW MEMBERS

J. D. Clemmons

J. D. grew up in the Midwestern/Southern states of Indiana, Illinois, Missouri, Arkansas and Tennessee and joined the U. S. Air Force after a year of college, serving three years in Germany doing Intelligence work. Upon his discharge from the Air Force he returned to Terre Haute, IN to complete his B.S. and M.S. in education. J. D. taught high school and college while continuing his graduate work. He completed his PhD at Southern Illinois University and 21 years later completed his MSA at Central Michigan University. Professionally he has worked in the field of education for 10 years, medical education for 10 years and has spent the last 20 years working in health care administration. He recently accepted the position of Director of Community Relations/Men's Transitional Program with The Salvation Army of Winnebago County.

J. D. has been married to Nancy for 15 years. They have six children and 10 grandchildren. They returned to Rockford last March, 2005 to be closer to their children and grandchildren. Nancy has been employed as a pharmaceutical sales representative by the AstraZeneca Pharmaceutical firm for the past five years.

J. D. is looking forward to being a productive and contributing member to the Alpine Kiwanis Club.



Chris Hempfling

Chris Hempfling is the Assistant Director of the Jane Addams Center for Civic Engagement directing the faculty, staff and student civic engagement programming for the Center including campus and community involvement activities, Jane Addams Student Service Fellows, M3C Fellows, community relationship building, and JACCE educational programming.

Chris was previously the State Coordinator for the Ohio Raise Your Voice campaign where he worked to increase the level of student civic engagement at Ohio's higher education institutions. Chris graduated from Ohio State University where his field of study was political science, focusing on judicial politics. He served as a past member of the COOL National Student Advisory Committee, member of the Executive Board of Ohio Campus Compact, Service Learning Initiative board member, and District Committee member for the Boy Scouts of America. Currently Chris is a member of the Project Welcome Home Advisory Board and a Loves Park Volunteer Fire Fighter.



Steve Ferrall

Steve is a life-long resident of Rockford. He graduated from East High School and attended Rockford School of Business and Rock Valley College. Steve worked in Information Technology for 33 years, owned a business for five years, and is currently working in sales for the past six years. His free time is spent working around his home, mixed in with golf and fishing. Steve is married to Wanda for 41 years. Their four children are Brady, Shana, Brandon, and Trent. They are also grandparents to Lauren, Katie and Paige.



Cindy Hall

Cindy Hall is happy to be part of the Rockford community. She grew up in Rockford and commuted to Northern Illinois University after receiving her Associate's degree at Rock Valley College. Once she received her Bachelor's in Journalism/Public Relations, she moved to the LaSalle/Peru area and worked in substance abuse prevention.

When her daughter was born, she and husband Terry moved back to Rockford to be closer to family. Cindy then commuted to Lake Villa to do public relations for the library. After assisting them in receiving a \$3.5 million referendum for expansion, she left to serve as marketing director for a credit union in Beloit, Wisconsin. From there, she took a job in Oak Brook, Illinois where she was a public relations director and magazine editor. That led her to Chicago where she served as a national sales director up until just a few years ago. Now, she enjoys working in Rockford as Marketing and Development Director for Spectrum School.

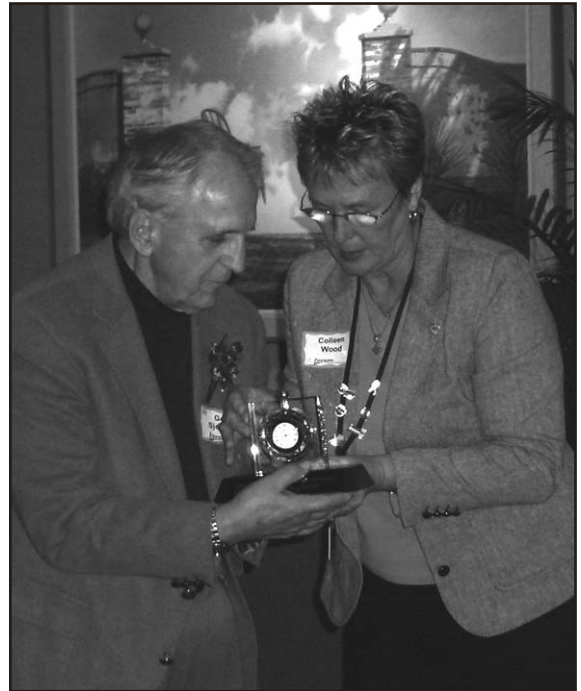
Community involvement is very important to Cindy, and she hopes to instill the importance of volunteering in her daughter, Tera, who is now 10. In addition to her new membership in Kiwanis, Cindy is a member of the Rockford Network, the Association of Fundraising Professionals and the Chamber of Commerce. She and Tera enjoy volunteering at Midway Village and Museum Center and are happy to help other organizations when needed.

Cindy and Terry both enjoy drag racing but have given over the driver's seat (at least temporarily) to Tera who has been junior drag racing since she was 8 years old. They spend most of their summer traveling to races. Other than that, Cindy enjoys cooking, reading and photography.



GENE SJOSTROM – RECOGNIZED AS SUPER SENIOR

Gene is a retired Sales Consultant who has spent his entire adult life serving the Rockford community and his family. He was a Charter Member of the Rockford Alpine Kiwanis Club in 1968 and is still an active member, serving on the fund raising committee. Gene was instrumental in selecting the site for the Meet & Eat Program (currently a program of Lifescape Community Services) and has been actively involved with the Golden Agers Center. He has been an active member of the Steering Committee for Northwestern Illinois Special Olympics for over thirty years. Gene is a lifelong member of Emmanuel Lutheran Church and remains active on various committees there as well. In addition to all of his service projects to the Rockford community, Gene has always been there to serve his family. Gene is married, has one son, one granddaughter, and three great grandchildren. Gene's wife, Dodie, suffers from the effects of polio. Gene has always stood by her side, ready to assist her, while enabling her to lead a full and productive life. Gene's daughter-in-law, Barb, has suffered from cancer. Gene has been a source of encouragement and inspiration for her throughout her battle. He was a little league coach for his son, Mark, while he was growing up. Gene has done all of this while battling his own fair share of physical disabilities over the years.



Gene Sjostrom is recognized as a Super Senior

ACTIVITIES COMMITTEE REPORT

Once again our committee has put together an event that highlights Alpine Kiwanis as a true service club. Working with District 12 Kiwanis clubs, our committee is participating in the annual Festival of Lights event.

Our display is located at the top of the hill in front of the practice green and clubhouse of Sinnissippi Park. **Festival of Lights viewing is as follows: Wednesday through Sunday, November 30th through December 31st, 6:00 p.m.-10:00 p.m.**



View the Division 12 Kiwanis Clubs display at the Festival of Lights in Sinnissippi Park this holiday season

Over 40,000 cars passed through last year with an estimated 135,000 people seeing our display. This year, count yourself among those who view the Festival.

A special thank you to our committee members, and Larry McGee, Bruce Dearborn, the Aktion Club and many others who participated in the planning and construction of our display.

Our next planned event is **Caroling - December 10.**

This was a fun event last year. The residents of the homes visited appreciated our efforts, and the carolers were inspired and well fed with fine food and fellowship following our visits. See any of the Activity Members to join us this year.